

## Karen McKeown appointed CPPLC co-chair



We are pleased to announce the appointment of Karen McKeown as CPPLC co-chair.

“CPPLC is a collective voice for defined-benefit public sector pension plans in Canada,” said McKeown.

“I’m looking forward to sharing my knowledge and experience in governance and supporting council to achieve its goals and vision.”

McKeown is director of board operations at BC Pension Corporation, a role she has held since 2017. She has served as board secretary for BC’s Teachers’, College and Public Service pension plans.

McKeown’s extensive experience also includes senior roles at Royal Roads University, in alumni relations and government and stakeholder relations. She has also worked as a legislative advisor to the Government of Alberta.

“CPPLC undertakes important research to showcase the value and importance of public sector defined-benefit pension plans,” McKeown said. “I see CPPLC continuing to become more strategic in the work it’s doing and producing research that is relevant and timely.”

Derek Dobson, CEO and Plan Manager at the CAAT Pension Plan, recently concluded his tenure as co-chair of CPPLC after eight years in the role.

Dobson has been a dedicated advocate for CPPLC and his contributions helped to raise its profile across Canada. During his time as co-chair, CPPLC produced a wealth of valuable research in areas including the social and economic impacts of pensions, and Canadians’ evolving perceptions of retirement.

“I am pleased to have had the privilege of serving CPPLC with esteemed co-chairs and members over the past eight years. CAAT Pension Plan will remain an active member of the council and will continue to evolve research to improve retirement income security for all Canadians,” said Dobson. “With Karen, I know I am leaving CPPLC in very capable hands.

McKeown will join Alison McKay, CEO of the Saskatchewan Healthcare Employees Pension Plan, as co-chair.

“We can’t thank Derek enough for his immense contributions over the years. His dedication to the cause helped to highlight the vital role of public pensions in Canadian society,” McKay said.

“I’m looking forward to working with Karen as we continue to grow CPPLC. Please join me in welcoming her as our newest co-chair.”

## Invite your colleagues to subscribe to Evolve!

Do you know someone who would be interested in CPPLC’s work? Invite them to subscribe to the *Evolve* newsletter. We publish two editions per year and share interesting updates on new pension research commissioned by CPPLC and news from our organization.

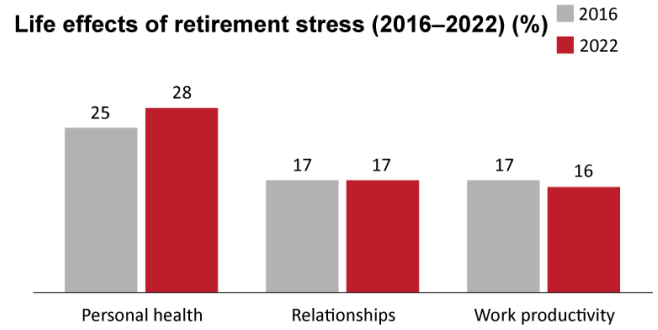
Send your subscription request to the CPPLC using [this form](#).

## Research spotlight

The latest research commissioned by CPPLC, *The Pensions Canadians Want: Perceptions of Retirement (2016–2022)*, compares the results of a 2016 survey and an updated poll conducted by Pollara Strategic Insights.

One of the many interesting findings was how the stress of planning for retirement can affect other areas of people’s lives. Notably in 2022, almost 30 per cent of Canadians polled said this stress had at least a moderate effect on their personal health.

You can find more about CPPLC’s research by visiting the [research page](#) on [cpplc.ca](#).



*The percentages represent the proportion of respondents who rated stress as 8 to 10 on a scale from 1 to 10, where 10 is a big effect and 1 is no effect.*

## Member spotlight

Provident10 is an independent organization with expertise in both pension administration and investment management with over \$10 billion under management, serving 55,000 members.

The organization was established in 2015 with a joint sponsorship agreement between the Government of Newfoundland and Labrador and the five largest public sector unions. Since then, Provident10 has been serving the public service employees of Newfoundland and Labrador with one goal in mind: protecting the financial health of the plan and helping plan members navigate their pension journey.

### The plan promise

As one of the largest public service pension plans in Atlantic Canada, Provident10 believes its members deserve nothing less than a secure, stable future to build on and is committed to delivering exceptional member services. Because the plan is a defined benefit pension plan, plan members are assured a guaranteed, predictable lifetime pension they can depend on.



Provident10 is focused on creating an inclusive and diverse culture for everyone who comes through its doors, putting its members and 41 participating employers at the heart of everything they do.

That means creating a seamless experience for members and employers and a positive culture for employees while remaining efficient and agile, making smart investments for growth, and embracing innovation and technology.

[Follow Us on Social](#)

